

# **Can Cancer Be Cured?**

Whether a person's cancer can be cured depends on the type and stage of the cancer, the type of treatment they can get, and other factors. Some cancers are more likely to be cured than others. But each cancer needs to be treated differently. There isn't one cure for cancer.

- Cure versus remission
- What do survival statistics mean?
- What does it mean to be a cancer survivor?

may go on for years and, over time, the cancer may be thought to be cured. If the cancer returns (<u>recurrence</u><sup>1</sup>), another remission may be possible with more treatment.

## What do survival statistics mean?

When told they have cancer, many people ask their doctor what their chance of survival is. While there are many factors that go into an answer, there are statistics that may help. Statistics are numbers that describe what happens to large groups of people with the same diagnosis. Statistics cannot be applied to a specific person but may give some idea of what to expect.

Here are some statistics that are used for cancer:

- **Survival rate:** the percentage of people who are alive at a certain time after diagnosis.
- **Overall survival rate:** the percentage of people with a certain type and stage of cancer who have not died from any cause during a period of time after diagnosis.
- Cancer (or disease)-specific survival rate: the percentage of people with a certain type and stage of cancer who have not died from their cancer during a set period of time after diagnosis.
- **5-year relative survival rate:** the percentage of people who will be alive 5 years after diagnosis. It does not include those who die from other diseases.

Survival rates can describe any length of time. However, researchers usually look at 5year relative survival rates.

## What does it mean to be a cancer survivor?

There is more than one definition of **cancer survivor**. Some people use this term to refer to anyone who has ever been diagnosed with cancer. This is what the American Cancer Society means when we talk about <u>survivorship</u><sup>2</sup> or living as a cancer survivor.

But some people use the term "survivor" for someone who has completed cancer treatment. And still others might only call a person a survivor if they have lived several years past a cancer diagnosis. Remember though, that treatment lasts longer for some people, and not everyone completes treatment. Some people may live for many years with cancer as a chronic disease.

Others who are impacted, like family and friends, might also sometimes be considered

cancer survivors.

Being a cancer survivor means different things for different people. Some people will be cancer free after treatment but may experience late and long term side effects of treatment. Others may be cancer free after treatment but have their cancer come back and need to be treated again. Still others will need to continue with cancer treatment to keep their cancer under control. But anyone who has been diagnosed with cancer needs care that focuses on their unique needs.

Not everyone likes to be called a cancer survivor. Each person has the right to define their experience with cancer. So, anyone who describes themselves as a cancer survivor should be considered one.

# Hyperlinks

- 1. www.cancer.org/cancer/survivorship/long-term-health-concerns/recurrence.html
- 2. <u>www.cancer.org/cancer/survivorship.html</u>

### References

American Society of Clinical Oncology (ASCO). Understanding statistics to guide prognosis and evaluate treatment. Accessed at cancer.net. Content is no longer available.

National Cancer Institute. Understanding cancer prognosis. Cancer.gov. Last reviewed June 17, 2019. Accessed from https://www.cancer.gov/about-cancer/diagnosis-staging/prognosis#survival-statistics on March 22, 2021.

National Cancer Institute Office of Cancer Survivorship. Statistics, Graphs and Definitions. Cancercontrol.cancer.gov. Last updated December 9, 2020. Accessed at https://cancercontrol.cancer.gov/ocs/statistics on March 23, 2021.

Last Revised: May 6, 2021

### Written by

The American Cancer Society medical and editorial content team (<u>https://www.cancer.org/cancer/acs-medical-content-and-news-staff.html</u>)

Our team is made up of doctors and oncology certified nurses with deep knowledge of cancer care as well as editors and translators with extensive experience in medical writing.

American Cancer Society medical information is copyrighted material. For reprint requests, please see our Content Usage Policy (www.cancer.org/about-us/policies/content-usage.html).

cancer.org | 1.800.227.2345