

## Navigating the Health Care System When Your Child Has Cancer

**Comprehensive care** is an approach that cares for the whole patient and all their needs, not just the medical and physical ones. Comprehensive care – using the services of many professionals working together – is the standard approach at all major medical centers that treat young people with cancer. Some key aspects of well-designed comprehensive care are:

- State-of-the-art medical diagnosis and treatment, including the chance to take part in <u>clinical trials</u><sup>1</sup>
- A team of professionals who are experts in treating childhood cancer
- A wide range of services for patients and families, including education, counseling, support groups<sup>2</sup>, advocacy, and other special programs to help improve the quality of life of patients and their families
- Referral to available local resources to help meet basic needs, such as meals, a place to stay during treatment, and transportation
- Patient and family education programs with up-to-date materials (written, audio, DVD, or computer programs)
- School programs, including contact with classroom teachers, teachers who work with homebound or hospitalized students, and help with going back to the student's neighborhood school
- Organized efforts to help patients cope with <u>treatment</u><sup>3</sup>, <u>tests</u><sup>4</sup>, and procedures
- Advocacy programs to help with families' financial concerns about treatment and related costs
- Consultation with community health care professionals (those near the child's home)
- Ongoing research that looks at and evaluates the results of all treatments and

services