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After Basal or Squamous Cell Skin Cancer Treatment

Get information about how to live well after basal or squamous cell skin cancer treatment and make decisions about next steps.

Living as a Cancer Survivor

For many people, cancer treatment often raises questions about next steps as a survivor. [Basal Cell Skin Cancer](#) or [Squamous Cell Skin Cancer](#)

Living as a Basal or Squamous Cell Skin Cancer Survivor

in check for as long as possible. Learning to live with cancer that does not go away can be difficult and very stressful.

- [Follow-up care](#)
- [Keeping health insurance and copies of your medical records](#)
- [Can I lower my risk of the cancer coming back or getting new skin cancers?](#)
- [Moving on after skin cancer](#)

Follow-up is also needed to check for possible side effects of certain treatments. Almost

cancer.

People who have had skin cancer are at higher risk for developing another skin cancer. Because of this, it's important to limit your exposure to UV rays from the sun or tanning beds (see [How Do I Protect Myself from Ultraviolet \(UV\) Rays?](#)⁵)

Hyperlinks

1. www.cancer.org/cancer/risk-prevention/sun-and-uv/skin-exams.html
2. www.cancer.org/cancer/risk-prevention/sun-and-uv/uv-protection.html
3. www.cancer.org/cancer/financial-insurance-matters/understanding-health-insurance.html
4. www.cancer.org/cancer/survivorship/long-term-health-concerns/keeping-copies-of-important-medical-records.html
5. www.cancer.org/cancer/risk-prevention/sun-and-uv/uv-protection.html
6. www.cancer.org/cancer/types/basal-and-squamous-cell-skin-cancer/detection-diagnosis-staging/signs-and-symptoms.html
7. www.cancer.org/cancer/risk-prevention/tobacco.html
8. www.cancer.org/cancer/types/basal-and-squamous-cell-skin-cancer/treating/surgery.html
9. www.cancer.org/cancer/types/basal-and-squamous-cell-skin-cancer/treating/radiation-therapy.html
10. www.cancer.org/cancer/types/basal-and-squamous-cell-skin-cancer/treating/other-than-surgery.html
11. www.cancer.org/cancer/types/basal-and-squamous-cell-skin-cancer/treating/targeted-therapy.html
12. www.cancer.org/cancer/types/basal-and-squamous-cell-skin-cancer/treating/immunotherapy.html
13. www.cancer.org/cancer/types/basal-and-squamous-cell-skin-cancer/treating/systemic-chemotherapy.html
14. www.cancer.org/cancer/survivorship/long-term-health-concerns/recurrence.html
15. www.cancer.org/cancer/survivorship/be-healthy-after-treatment/life-after-cancer.html

References

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DeSimone JA, Hong AM, Ruiz ES. Recognition and management of high-risk (aggressive) cutaneous squamous cell carcinoma. UpToDate. 2023. Accessed at

<https://www.uptodate.com/contents/recognition-and-management-of-high-risk-aggressive-cutaneous-squamous-cell-carcinoma> on September 1, 2023.

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